



Part of the ServiceSource Network

6860 Commercial Drive, Springfield, VA 22151

FOR IMMEDIATE RELEASE:

September 28, 2010

CONTACT: James J. Lewis
(703) 970-3683

CFS Proud Hearts Help Local Students Start Year on the Right Foot

Springfield, VA— The CFS Proud Hearts Civitan Club donated more than 30 bags of school supplies to Annandale Terrace Elementary School as part of their Helping Kids in Need project. Proud Hearts members collected donated school supplies from families, friends and community members and stuffed items in bags for the students.

The CFS Proud Hearts Civitan Club is comprised of program participants and staff of Central Fairfax Services, Inc. (CFS), who meet monthly to plan and execute programs that will help others. Civitans are everyday citizens who come together in communities around the world to socialize, learn and serve their neighbors. The Proud Hearts Civitan Club meets the first Wednesday of every month at 2 pm in the CFS Main Dining Hall.

The Helping Kids in Need project was organized by CFS Proud Hearts members who wanted to help local students start the school year with the supplies they needed to be successful. Members reached out to staff and family members, to solicit donations and monetary gifts for the project. Approximately 384 items were donated through this effort. Buddy key chains were also made by members at their September meeting and added to each bag.

“The project was very successful and rewarding on both ends. Our CFS Proud Hearts members were able to participate in a hands on way, from the beginning to the end,” explained Cynthia McKoy, Person-Centered Activities Program Manager. “The teachers and the principle greeted us with smiles and excitement in their eyes, which was a joy to see.”

Three Proud Hearts members were able to travel to Annandale Terrace Elementary School to personally drop-off the bags of supplies. Anita, Howard and Stevie, who are also program participants, volunteered to visit and drop-off the items with McKoy.

“It was fun and I would like to do it again,” remarked Anita, a Proud Heart member and CFS program participant. “Yes, [I would like to] do it again!”

CFS is a day support program providing developmental and vocational services to adults with disabilities in Northern Virginia. CFS has successfully provided developmental and vocational services for 515 adults with disabilities in Northern Virginia since its incorporation in 1972. CFS currently serves over 200 adults with intellectual, developmental, physical, and sensory disabilities who reside in Arlington, Fairfax and Prince William Counties, and the cities of Alexandria, Fairfax and Falls Church.

For more information about Central Fairfax Services, Inc., visit www.centralfairfaxservices.org.

###